

10:00 Morning Prayer

Today's liturgy is drawn from "PRAY WITHOUT CEASING, Morning and Evening Prayer for the Seasons of the Church Year" prepared by the Ven. Dr. Richard Leggett for the Faith, Worship and Ministry Committee of the Anglican Church of Canada. Authorized by The General Synod of The Anglican Church of Canada, 2019.

Licensed Lay Minister: Lorna Sibley

Processional Hymn: Love Divine (CP 485)

Opening Sentences

Versicles and Responses

Invitatory Psalm: Venite (Psalm 95: 1-7)

The Proclamation of the Word:

Genesis 32: 22-31 (Bev DeVouge)

Psalm 17: 1-7, 16

Romans 9: 1-5 (Elaine MacInnis)

The Holy Gospel: Matthew 14: 13-21 (Stephen Hamlin)

Homily – Leona Hunt

Affirmation of Faith – The Apostles Creed

Offering Hymn – Take My Gifts and Let Me Love You

Prayer over the Gifts: God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. **Amen**

Intercessions and Thanksgivings

Collect: Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The Lord's Prayer

Closing Hymn – O For a Closer Walk With God (CP 556)

Dismissal

Music – May the Lord

Postlude

Greeters: Tom Rudolph & Placide Chiasson

Counters: Roger McNutt & Stephen Hamlin

Chancel Guild: Team March

ANNOUNCEMENTS:

Next Sunday, August 9th – 11th Sunday after Pentecost

10:00 a.m. Morning Prayer (BCP)

A warm **welcome** to all who are visiting with us over the summer months! We hope that our sanctuary is a restful place for you and a time of encounter with our gracious God. May you journey on in safety.

Our office is open on **Tuesdays and Thursdays only** in the summer from 9:00 a.m. to 12:00 noon.

Communion: We offer two options for the receiving of communion wine: the common cup and a second cup from which a medicine dropper is used to place wine upon the host. You're invited to cross to the chalice of your choice after receiving the host. **Dropper cup on the piano side/Drinking cup on the organ side. Note:** Dipping of the wafer (intinction) is not permitted in the common cup.

Rev. Lori is on holiday from July 19 – August 12th. Pastoral emergencies during that time can be referred first to Natasha Bejarano (902-956-5522). If you require the services of a priest, Natasha will contact the Rev. Glenn Eason.

ASK ME! You may have noticed some of our members wearing bright yellow and red "ASK ME" buttons. If you are new to St. John's (or even not so new!) and have questions – please speak to anyone wearing a button. If they don't have an answer for you, they'll find one!

Welcome Wednesdays have begun. The church is open each Wednesday this summer from 10:30 – 2:00. If you can volunteer some time, please contact Leona Hunt at lhunt69@gmail.com. If not, why not drop by to meet your neighbours, have conversation and share in Morning Prayer held each Wednesday at 11:00.

Book Study: There will be one more session of the book study on John Mark Comer's Practicing the Way. We will consider the section on a Rule of Life on **Sunday, September 13th** after the worship. Bring a bag lunch and we will provide the coffee/tea. All are welcome. Books are available in the parish office for \$30. Practicing the Way also has a podcast available at:

Podcasts <https://podcasts.apple.com/ca/podcast/practicing-the-way/id1729195085>,

Youtube

https://www.youtube.com/results?search_query=practicing+the+way+podcast

Spotify <https://open.spotify.com/show/7dHIByUQ588Li9pUtv0TDn>

Your Spiritual Development Committee is seeking creative entries to a **logo contest**. We're working on Welcome Bags for newcomers to the parish and we need a bright and eye-catching logo for screen printing onto our gift bags. Design a logo that shows something about St. John's and who we are. There will be a prize for the chosen logo. Get out your pencils and paints and submit something to the office. Open to all parishioners of any age!

Spiritual Café, Lectionary Study and Meditation are now on their summer break. Watch for dates for their return in the fall.

Our choir has ceased formal rehearsals for the summer. We have moved to our **summer music format** with a reduced number of hymns and a pick-up choir. May those who offer the ministry of music all year long find time and opportunity to rejuvenate and renew over the summer break.

We are exploring the possibility of holding an **adult Confirmation Class** this fall. Any who are interested in seeking Confirmation are asked to speak to Rev. Lori.

Our parish **Fall Retreat** date has been set! Please mark **Saturday, September 26th** in your calendars for a day away together at the Seek Wilderness facility at the top of Young St. All are welcome to join in this time of prayer, reflection, sharing and enjoying God's good creation!

Terrace Hill Cemetery is now open for the season.

Praying for Peace: During the Second World War, a group of people stopped whatever they were doing for a specific time every night to pray for peace and safety for everyone. They did this every day, and it was as if the whole city paused – such was the power of prayer. The result was so overwhelming that the bombing stopped shortly afterward! Now once again some people are organizing. A group of people around the world has agreed to spend one minute praying for the safety of our countries, for the end of the problems that oppress us, and for God to guide the decisions of our leaders. The time chosen for Canada to pray is **12:00 noon**. Please pause in your busy day to pray for peace at that time.

Lapghans Needed! If you are looking for a summer project, we're in need of lapghans for the coming months! We distribute an average of 150 lapghans annually on the Palliative Care Unit at CEHHC. If you would like more information, contact the Hospice Society at 902-893-3265 or info@cehhospice.org

Mission to Seafarers: We will be starting our Mission to Seafarers Campaign earlier in the fall this year. Items for a regular running shoe box include: Hat / Toque, Scarf or neck warmer, Gloves, Socks. Wrapped hard candy (**no chocolate**), Soap, Toothpaste, Toothbrush, Shampoo or body wash (no larger than 375ml to fit in a shoebox), Shaving foam, Razors, Deodorant, Lip balm, Playing cards, Pen/pencil, Small packages of tissues, Comb, Christmas card, Bible (supplied by mission), Mementos of NS, PEI or Canada. Rev'd Bev will be explaining more about this mission at various Sundays through to the late fall.

August 2nd, 2026
10th Sunday after Pentecost



Rector: Rev'd Lori Ramsey



Wardens: Sarah Lennerton and Michael Sherren

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