

10:00 Holy Eucharist BAS

Licensed Lay Minister: Leona Hunt

Processional Hymn: Alleluia, Sing to Jesus

The Gathering of the Community

Gloria (said)

Collect: God our deliverer, you call us to walk humbly with you. When we are foolish, be our wisdom; when we are weak, be our strength; so that, as we learn to do justice and to love mercy, your rule may come to us as a blessing. **Amen**

The Proclamation of the Word:

Micah 6: 1-8 (Myrtis Guy)

Psalm 15

1 Corinthians 1: 18-31 (Placide Chiasson)

Gradual Hymn: Blest are They

The Holy Gospel: Matthew 5: 1-12 (Natasha Bejarano)

Homily – Natasha Bejarano

Affirmation of Faith

Prayers of the People

Confession and Absolution

The Peace

Offering Hymn: O Master, Let Me Walk with Thee

Prayer over the Gifts: God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord. **Amen**

Eucharistic Prayer

The Lord's Prayer

Breaking of Bread #6

Lamb of God

The Communion

Communion Hymn: For Everyone Born

Ablutions Hymn: Blest are the Pure in Heart

Prayer after Communion: Source of all goodness, in this eucharist we are nourished by the read of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord. **Amen**

Doxology

Children's Hymn: Many are the Lightbeams

The Blessing

Closing Hymn: Forth in Thy Name

Dismissal

Music: May the Lord

Postlude

Greeters: Bob Adams & Placide Chiasson

Counters: Nei Harris & Jon McKinnon

Chancel Guild: Leona Hunt, Carol Adams, Donna Bungay

Altar flowers are placed to the glory of God and in loving memory of John Coldwell from Ruth Ann.

ANNOUNCEMENTS:

Tuesday, Feb. 3rd – 8:45 a.m. Morning Prayer

7:00 p.m. Spiritual Development

Wednesday, Feb. 4th – 6:30 p.m. Choir

Thursday, Feb. 5th – 1:00 p.m. Pastoral Ministry

Friday, Feb. 6th – 9:00 a.m. Spiritual Café

Next Sunday, February 8th – 5th Sunday after Epiphany

Holy Eucharist (BAS) 10:00 a.m.

Our parish Annual Meeting is scheduled for February 15th beginning at 1:00 p.m. in the upper hall. All parishioners are encouraged to attend.

Communion: We offer two options for the receiving of communion wine: the common cup and a second cup from which a medicine dropper is used to place wine upon the host. You are invited to cross to the chalice of your choice after receiving the host. **Dropper cup on the piano side/Drinking cup on the organ side.** **Note:** Dipping of the wafer (intinction) is not permitted in the common cup.

Karen and David would like to express gratitude and thanks for the prayers, blessings and good wishes of the congregation as we commemorated our **40th anniversary** of ordained ministry this past Sunday. Thank you and the richest of blessings to our congregational family.

ASK ME! You may have noticed some of our members wearing bright yellow and red "ASK ME" buttons. If you are new to St. John's (or even not so new!) and have questions – please speak to anyone wearing a button. If they don't have an answer for you, they'll find one!

St. John's Men's Group will hold a **Pancake Supper** for parish members at 5:00 p.m. on **Tuesday, February 17th**. The menu includes sausages, pancakes, real maple syrup, juice, tea, coffee and a dessert. Church members only. Free will donation – any funds left over after expenses will be allocated to the discretionary fund – a vital resource that supports various church initiatives. Your participation is not just about enjoying a delicious meal but also about contributing to our shared mission. There is a **sign up sheet** at the back of the church for those who plan to attend (we need to know numbers before purchasing supplies).

2026 offering envelopes are at the back of the church for pick up.

Our **Baby Needs 2026 Drive** for the Colchester Food Network takes place from **Feb. 1st to Mar. 8th**. Donations of food, clothing and other essentials for babies and toddlers will be received in the Red Food Cart on Sundays or can be dropped at the office. The items will be delivered to them the week of March 10th. Thank you for supporting this initiative of your Chancel Guild. For more info speak to Maria Murphy or Prue Hansen.

Spiritual Café dates for this term: Feb. 6th and 27th and Mar. 20th.

Sunday School dates for this term: Feb. 1st and 22nd and Mar. 1st and 22nd.

Random Acts of Kindness Month: February is Random Acts of Kindness Month. Our Pastoral Ministry Committee members are challenging all in our congregation to do Random Acts of Kindness throughout the month – those little things that make our crazy world more livable and bearable. When you do such an act, consider writing it down anonymously and putting it in the Random Acts of Kindness bowl. We'll share some of what is being done with the congregation during worship each week this month.

Lent begins with **Ash Wednesday**, which this year falls on February 18th. Ash Wednesday is a day to come before God in confession and to receive the forgiveness that God offers. In this way, we begin the season of preparation for Holy Week and Easter, walking with Jesus to the cross and beyond to resurrection. On Ash Wednesday, there will be two services in the sanctuary – a said Holy Eucharist at 11:45 a.m. and a sung Holy Eucharist at 7:00 p.m. At both, ashes will also be offered. If your day is busy and you cannot attend the worship, we will be outside at the clock on Inglis Place at 8:30 a.m. for Ashes to Go which features a shortened form of confession, absolution and anointing with ashes if desired. Plan to begin your Lent with us!

Highlighting: Spiritual Café

Curious about spiritual café? Thinking you may want to attend but don't have any idea what it's all about? Spiritual café take place in the church meeting room on specific Fridays from 9:00 a.m. – 12:00 noon (dates are announced in the bulletin). The mission of spiritual café is to be a safe and relaxing place where people can gather to enjoy a coffee/tea or other beverage along with some café style treats while engaging in all manner of conversation on spiritual topics of interest. No topic is off the table.

While we may talk about the bible, or offer prayer at times, spiritual café is not a bible study, an official service, or prayer gathering. People are free to come and go. They can come for a quick coffee or stay the whole time. They can bring their spiritual seeking questions or their favorite spiritual writings or art to share with others.

These gatherings are very informal but may also have specific themes or topics to guide the conversation. Most of all, our spiritual café is a space that offers spiritual nourishment and fellowship. If you would like to know more, please reach out to the spiritual café facilitator Natasha Bejarano after the service or via the parish email stjohnstruro@ns.sympatico.ca

Café dates for the winter term will take place on February 6th and 27th and March 20th. Please consider joining us!

2025 Income Tax receipts: Once again we'll be issuing income tax receipts by email to those who have an email address. Please ensure that the office has your proper email address, particularly if you've made a change since the 2024 receipts were sent out. Printed copies can still be made available to those who request them.

Book the Date: **Coldest Night of the Year** - Sat., Feb. 28. St. John's will again field a team of walkers to raise funds for the support of people unhoused in our community. More details to follow soon.

Highlighting: Lectionary Lunch

Curious about Lectionary Lunch? Thinking you may want to attend but don't have any idea what it's all about? Lectionary Lunch is an informal discussion group that focuses each week on the scripture readings for the coming Sunday as we'll hear them in church. We read the passages together and reflect on what we hear them saying to us. It's not a teaching class about the Bible but a group seeking together to find some light in the scriptures we hear. There are no right or wrong answers, just an honest attempt to find relevancy for today in our faith story. Our lives, the news, stories we've heard, and stories we tell are all part of the reflection. Members of the group come as their lives allow and go when their lives get busy. But there is always a faithful core around the parish hall meeting room table. Those who attend say that talking about the scriptures and mulling them over before Sunday helps them to be more present in the worship and to have a greater understanding of the preaching. Rev. Lori is the facilitator of the group and if you would like to know more – reach out to her at llramseyis@gmail.com or in person after the service.

Lectionary lunch takes place on Fridays from 11:00 – 12:00 noon (except on Spiritual Café Fridays). Dates are always in the bulletin. Why not come and try us out! Bring your own Bible if you like, but we can also provide one. Nothing else is required. You can simply sit and listen, or you can engage with the conversation if you wish. We'd be so happy to see you there!



902-897-0566 • stjohnstruro@ns.sympatico.ca • www.stjohnstruro.ca

February 1st, 2026

Fourth Sunday after Epiphany



Rector: Rev'd Lori Ramsey



Wardens: Hazel Sherren and Sarah Lennerton

PLEASE TAKE THIS LEAFLET HOME FOR FUTURE REFERENCE