

**Christmas Index program 2022:** Each week we will be asking for two items and you are asked to bring in only one of them the following week. These items can then be deposited in our grocery cart. We will also be accepting items at the link entrance to the hall each Tuesday from 1:00 – 2:30 p.m. beginning October 18<sup>th</sup>. Any items left over after preparing our boxes will be donated to the Food Bank:

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|-----------------|---|
| Sunday, Oct. 16 | small can of vegetables (398 ml)<br>small can of baked beans (398 ml)                     |
| Sunday, Oct. 23 | can of soup (any kind)<br>can of tuna   |
| Sunday, Oct. 30 | bottle of jam (500 ml)<br>bottle of peanut butter (500 ml)                                |
| Sunday, Nov. 6  | box of crackers (500 gr)<br>box of cereal (500 gr)  |
| Sunday, Nov. 13 | can of juice (1.8L)<br>small can of fruit (398 ml)  |
| Sunday, Nov. 20 | Package of cookies (454 gm)<br>box of stove top stuffing                                  |
| Sunday, Nov. 27 | can of cranberry sauce/jelly<br>box of tea bags (30 count), instant coffee, hot chocolate |
| Sunday, Dec. 4  | 3 boxes Kraft dinner<br>bag of Christmas candy (300 gm)                                   |
| Sunday, Dec. 11 | tub margarine (454 gm)<br>Toothbrushes/Toothpaste   |

Monetary donations toward the purchase of potatoes, turnips and carrots.

**Note: Please remember to check the expiry date on the items you give – they will not be used until December and we are unable to distribute outdated items. We will also need cloth grocery bags for delivery.**