

MARCH 3RD – LAST SUNDAY AFTER EPIPHANY

8:00 a.m. – BCP Holy Communion (*Psalm 99 p. 456 BCP*)

Layreader: Diane Yetman

Collect of the Day (*in unison*): Almighty God, on the holy mount you revealed to chosen witnesses your well-beloved Son, wonderfully transfigured: mercifully deliver us from the darkness of this world, and change us into his likeness from glory to glory; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

10:00 a.m. – BAS Holy Eucharist **Layreader:** Gordon West

Processional Hymn 167 (CP) – Tis Good, Lord to be Here

Gathering of the Community *p. 185*

Gloria *p. 186*

Collect of the Day (*printed*)

The Proclamation of the Word:

Exodus 34: 29-35 (Stephen Hamlin)

Psalm 99 *p. 837 BAS*

2 Corinthians 3:12 – 4:2 (Adele Stokoe)

Gradual Hymn (screen) – Open Our Eyes Lord

Gospel: Luke 9: 28-43 (Mike Stokoe)

Homily

Prayers of the People

Confession & Absolution *p. 191*

The Peace *p. 192*

Offertory Hymn (screen) – Transfiguration Hymn

Prayer over the Gifts: Holy God, receive all we offer you this day, and bring us to that radiant glory which we see in the transfigured face of Jesus Christ our Lord. **Amen**

Celebration of the Eucharist #2 *p. 196*

The Lord's Prayer

Breaking of the Bread #2 *p. 212*

Lamb of God, you take away the sin of the world: have mercy on us

Lamb of God, you take away the sin of the world: have mercy on us

Lamb of God, you take away the sin of the world: grant us peace

Communion Hymns (*Congregation receives first, followed by the choir*)

59 (CP) – Jesus Calls us Here to Meet Him; (screen) – Transfigure Us, O Lord

Prayer after Communion *p. 419*

Doxology *p. 214*

Children's Hymn (screen) – God is Love

Blessing

Recessional Hymn 385 (CP) – Worship the Lord in the Beauty of Holiness

Dismissal *p. 215*

(screen) – May the Lord

Altar Flowers are placed to the glory of God and in loving memory of Mary and Jack Rudolph from the family.

Praying for our Parish Families: We pray for Charles & Donna Craig, Gerald & Marilyn Blackmore, Faye & Alfred Deuville, and Walter Spears.

Diocesan Prayer: Neil's Harbour (The Rev'd Dr. Carolyn Sharp), St. Alban's, Sydney (Archdeacon Brenda Drake), St. John the Baptist, North Sydney (The Rev'd Julio Martin Trejo and Imelda), and Sydney Mines/Baddeck (The Rev'd Stacey LeMoine and Ted).

Provincial Prayer: Ecclesiastical Province of British Columbia and the Yukon (Archbishop Melissa Skelton and the Provincial Council). Give thanks for the work of the Diocesan Refugee Sponsorship Group and opportunities for learning and worship during Lent (NSPEI); Theological students in their final year and members of the ACW (MON); Ministry of parish nurses and health teams, postulants for ordination, and Diocesan discipleship initiatives (FRED); The opportunity for families to come together during the March break, the arrival of spring, and the continued growth of our francophone congregations (QUE). Please pray for those preparing for baptism, confirmation and reception (MON); Preparation for Lent (CNL); Diocesan treasurers and financial staff as they prepare for annual audits, that religious groups may work together for peace and justice, all travelers during the March Break, and all those suffering from mental illness (QUE).

Greeters: Robin & Ruthie Phillips, Placide Chiasson, Bert Pratt, Bob Adams

Chancel Guild: Prue Hansen, Diane MacLeod, Judy Rose, Joan MacDonald

ANNOUNCEMENTS:

Tues., Mar. 5th – Spiritual Development 7:00 p.m.

Wed., Mar. 6th – Ashes to Go 8:30 a.m.

Ash Wednesday Eucharist 11:45 a.m.

Ash Wednesday Eucharist 7:00 p.m.

Thurs., Mar. 7th – Nursing Home Communion 10:00 a.m. (Mira)

Fri., Mar. 8th – Meditation 11:00 a.m.

Lectionary Lunch 12:00 noon

Next Sunday, March 10th: FIRST SUNDAY OF LENT

8:00 a.m. Holy Communion (BCP)
10:00 a.m. Holy Eucharist (BAS)
10:00 a.m. Sunday School
11:15 a.m. Potluck

Lent is one week away! **Ash Wednesday** falls on March 6th. It marks our turning back to God again in confession and beginning our Lenten journey aware of God's love and forgiveness. Our Ash Wednesday services are at **11:45 a.m. and 7:00 p.m.** Both are services of penitence with Holy Communion and the giving of ashes to those who desire them. The 7:00 p.m. service also features beautiful and reflective music by our choir. Again this year, we will be holding "**Ashes to Go**" at 8:30 a.m. on Inglis Place, as we distribute ashes and prayers of blessing to members of our community.

Our **Lenten Program** this year takes the form of a Sunday sermon series on the spiritual disciplines of Lent. We're calling it "**Lent – Just Do It.**" The BAS Ash Wednesday service calls us to "... observe a Holy Lent by self-examination, penitence, prayer, fasting, almsgiving and reading and meditating on the word of God." Each week's sermon will give us guidance on how to practice one of the Lenten disciplines, with a take home resource which will also be accessible on our parish website. **Each Thursday** during Lent, there will be an **informal drop-in** hour in the parish hall parlour from 7:00 – 8:00 p.m. where folks can come to discuss their practice, ask questions and get support. Lent 1 kicks off with Rev. Lori speaking on Reading & Meditating on God's word.

40 Days 40 Items: For every day of Lent, remove one item from your closet, kitchen, bookshelf or storage (think creatively!) Let it be an item you no longer want, need or use. Let it be something still in good enough shape for someone else to use. Place it in a bag. At the end of Lent, donate your 40 items to a place that can share them with someone who can really use them! A great way to lighten our material load and help others as we travel onward towards God this Lent!

Next Sunday, March 10th will be our regular **potluck luncheon** for the month of March after the 10:00 a.m. service. Plan to be with us for food and friendship!!

Good Used Snow Clothing – Truro Elementary School is in need of winter outerwear in children's sizes 10-14. If you have some in good condition, please drop them off at the parish hall. The Pastoral Ministry Committee will see that they get to the school.

Bookworms and Church Mice will meet next on **Sunday, March 31st** after the 10:00 a.m. service. The book for discussion will be Full Disclosure by Beverley McLachlin. All are welcome to join us!

This is the final week for our Chancel Guild's "**Baby Needs Drive**" as our contribution to the Colchester Food Bank. Items such as clothing, diapers, wipes, soaps, lotions, shampoo, and baby food are most gratefully accepted and will be delivered at the end of the month. Thank you in advance for contributing to this much needed project. Contacts: Prue Hansen (893-3526) and Maria Murphy (895-3270).

Anyone with **good usable furniture** that could be used to furnish an apartment for a single man is asked to speak to Rev. Lori.

We are extending an open invitation for parishioners of all ages – from seniors to youth, male and female, to attend an **early evening introduction to meditation**. This will take place on **Thursday evening March 14th at 7:00 p.m.** and last about 40 minutes. Hope you will drop in and give it a try. If you are interested, please drop an e-mail to (diane.yetman@gmail.com) or call at 902-895-2934.

Archway Counselling presents "**Food and Mood**": Explore the connection between the food you eat and how you feel. Have the winter blahs? Join our Nutrition Coach for a discussion on what to eat when you... feel sad, feel anxious, feel like winter will never end. **Wednesday March 6th**, 7:00 p.m. \$10. Register at 902-893-3991 or info@archwaycounselling.ca.

Chowder Lenten Lunches every Friday, starting March 8th ending April 12th from 11:30 a.m. to 1:00 p.m. at Immaculate Conception Church. \$8 corn chowder or \$10 fish chowder. Meal includes roll, dessert, tea/coffee. Children under 12 eat free. Take out available – pick up only. Please note, on April 19th (Good Friday) from 4:30 – 6:30 p.m. there will be a \$10 meal including fish pie, salad, roll, dessert and tea/coffee.

Memorial Hymn Sing at First Baptist Church. Saturday, March 9th at 7:00 p.m. Special music by Brenna Conrad, Director of Music Ministries. Please join us to sing the grand old hymns of our faith. Social gathering to follow the Hymn Sing. For more information call 902-843-2408.

Shrove Tuesday Pancake Supper at Slate Youth Centre (883 Prince Street) Tuesday, March 5th from 5:00 p.m. – 7:00 p.m. Pancakes with homemade blueberry or strawberry sauce, sausages, beans, and beverage. \$8.50 reg / \$7.00 small. Proceeds to Slate's Dominican Republic Service Project

Shrove Tuesday, Pancake Luncheon/Supper ~ the UCW of First United Church, Truro, will be holding a pancake luncheon/supper on Tuesday, March 5th ~ 11:30 a.m. - 1:30 p.m. and 4:30 - 6:30 pm. Pancakes, Sausage, Baked Beans ~ \$10/ adults and \$5/child. Tickets are available from the church office or at the door.



Last Sunday after Epiphany

March 3rd, 2019



Rector: Rev'd Lori Ramsey

Associates: The Rev'd Gary Yetman and The Rev'd Dorothy Tay



Wardens: Hazel Sherren and Neil Harris

PLEASE TAKE THIS LEAFLET HOME FOR FUTURE REFERENCE