

**MARCH 10<sup>TH</sup> – FIRST SUNDAY IN LENT**

**8:00 a.m. – BCP Holy Communion** (*Psalm 91: 1-2, 9-16 p. 448 BCP*)

**Layreader:** Stephen Hamlin

**Collect of the Day** (*in unison*): Almighty God, whose Son lasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

**10:00 a.m. – BAS Holy Eucharist** **Layreader:** Jean Stratford

**Processional Hymn 170 (CP) – The Glory of These Forty Days**

Gathering of the Community *p. 185*

Trisagion *p. 187*

Collect of the Day (*printed*)

**The Proclamation of the Word:**

Deuteronomy 26: 1-11 (Bob Vair)

**Psalm 91 (BackSeat Boys)**

Romans 10: 8b-13 (Bev DeVouge)

**Gradual Hymn (screen) – Out in the Wilderness**

**Gospel:** Luke 4: 1-13 (Kim Benedict)

Homily

Prayers of the People

Confession & Absolution *p. 191*

The Peace *p. 192*

**Offertory Hymn 330 (CP) – O Praise Ye the Lord**

**Prayer over the Gifts:** God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen**

Celebration of the Eucharist #3 *p. 198*

The Lord's Prayer

Breaking of the Bread #7 *p. 213*

**Lamb of God, you take away the sin of the world: have mercy on us**

**Lamb of God, you take away the sin of the world: have mercy on us**

**Lamb of God, you take away the sin of the world: grant us peace**

**Communion Hymns** (*Congregation receives first, followed by the choir*)

**84 (CP) – Lord, Enthroned in Heavenly Splendour; (screen) – Open Unto Me**

Prayer after Communion *p. 287*

Doxology *p. 214*

**Children's Hymn (screen) – God is Love**

Blessing

**Recessional Hymn (screen) – Take O Take Me as I Am**

Dismissal *p. 215*

**(screen) – Let There be Love**

In lieu of altar flowers, a donation has been made to the glory of God and in loving memory of our parents, Peggy and Don Eldridge, from Lynda-Jean Coffin, Betty-Anne Eldridge, Karen-Lee Eldridge and families.

**Praying for our Parish Families:** We pray for Margaret House, Mike & Adele Stokoe, Jim & Mary Rutherford, and Ray & Cathy Boudreau.

**Diocesan Prayer:** Retired Clergy in Cape Breton Region (The Rev'd Canon Fev Arnold and Joyce, The Rev'd Gordon Granchelli and Georgina, The Rev'd Dennis Hayward and Deb, The Rev'd Glen Kent and Glenda, The Rev'd Vernon Reid and Bong). Widows: (Mrs. Eleanor Pyke, Mrs. Laurie Wainwright).

**Provincial Prayer:** Diocese of Eastern Nfld and Labrador (Bishop Geoffrey Puddle). Give thanks for the work of the Diocesan Refugee Sponsorship Group and opportunities for learning and worship during Lent (NSPEI); Theological students in their final year and members of the ACW (MON); Ministry of parish nurses and health teams, postulants for ordination, and Diocesan discipleship initiatives (FRED); The opportunity for families to come together during the March break, the arrival of spring, and the continued growth of our francophone congregations (QUE). Please pray for those preparing for baptism, confirmation and reception (MON); Preparation for Lent (CNL); Diocesan treasurers and financial staff as they prepare for annual audits, that religious groups may work together for peace and justice, all travelers during the March Break, and all those suffering from mental illness (QUE).

**Greeters:** Robin & Ruthie Phillips, Placide Chiasson, Bert Pratt, Bob Adams

**Chancel Guild:** Prue Hansen, Diane MacLeod, Judy Rose, Joan MacDonald

## ANNOUNCEMENTS:

**Tues., Mar. 12<sup>th</sup>** – Princess Mary Guild 1:00 p.m.  
Property 6:30 p.m.

**Wed., Mar. 13<sup>th</sup>** – Holy Eucharist 12:00 noon  
Finance 2:00 p.m.  
Choir 6:30 p.m.

**Thurs., Mar. 14<sup>th</sup>** – Nursing Home Communion 10:30 a.m. (Cedarstone)  
Meditation 7:00 p.m.  
Lent Drop-in 7:00 p.m.

**Fri., Mar. 15<sup>th</sup>** - Meditation 11:00 a.m.  
Lectionary Lunch 12:00 noon

### **Next Sunday, March 17<sup>th</sup>: SECOND SUNDAY IN LENT**

8:00 a.m. Holy Eucharist (BAS)  
10:00 a.m. Holy Eucharist (BAS)  
11:15 a.m. Coffee Hour

**Today** following our 10:00 a.m. worship we will have our monthly **potluck** for March in the upper hall. Please join us!

There will be **no Sunday School** for the next two Sundays (March 17<sup>th</sup> and 24<sup>th</sup>) due to March Break.

Our **Lenten Program** this year takes the form of a Sunday sermon series on the spiritual disciplines of Lent. We're calling it "**Lent – Just Do It.**" The BAS Ash Wednesday service calls us to "... observe a Holy Lent by self-examination, penitence, prayer, fasting, almsgiving and reading and meditating on the word of God." Each week's sermon will give us guidance on how to practice one of the Lenten disciplines, with a take home resource which will also be accessible on our parish website. **Each Thursday** during Lent, there will be an **informal drop-in** hour in the parish hall parlour from 7:00 – 8:00 p.m. where folks can come to discuss their practice, ask questions and get support. Lent 2 will be Rev. Dorothy speaking on Prayer.

**40 Days 40 Items:** For every day of Lent, remove one item from your closet, kitchen, bookshelf or storage (think creatively!) Let it be an item you no longer want, need or use. Let it be something still in good enough shape for someone else to use. Place it in a bag. At the end of Lent, donate your 40 items to a place that can share them with someone who can really use them! A great way to lighten our material load and help others as we travel onward towards God this Lent!

**Good Used Snow Clothing** – Truro Elementary School is in need of winter outerwear in children's sizes 10-14. If you have some in good condition, please drop them off at the parish hall. The Pastoral Ministry Committee will see that they get to the school.

**Bookworms and Church Mice** will meet next on **Sunday, March 31<sup>st</sup>** after the 10:00 a.m. service. The book for discussion will be Full Disclosure by Beverley McLachlin. All are welcome to join us!

Anyone with **good usable furniture** that could be used to furnish an apartment for a single man is asked to speak to Rev. Lori.

We are extending an open invitation for parishioners of all ages – from seniors to youth, male and female, to attend an **early evening introduction to meditation**. This will take place on **Thursday, March 14<sup>th</sup> at 7:00 p.m.** and last about 40 minutes. Hope you will drop in and give it a try. If you are interested, please drop an e-mail to (diane.yetman@gmail.com) or call at 902-895-2934.

Want to be inspired by some saintly souls this Lent and have fun along the way? Join with thousands of Christians across denominations who have discovered the joyful online learning community that is **Lent Madness**. It begins on March 7<sup>th</sup> (the first full day of Lent after Ash Wednesday). It's not too late to sign up! Participate by going to [www.lentmadness.org](http://www.lentmadness.org)

St. John's is responsible for the **March Community Dinner** on Saturday, March 23<sup>rd</sup> from 3:00 – 5:00 p.m. Sign up sheets are at the back of the church for donating food or volunteering to help on the day. We really need your help! Thanks!

**Chowder Lenten Lunches** every Friday, starting March 8<sup>th</sup> ending April 12<sup>th</sup> from 11:30 a.m. to 1:00 p.m. at Immaculate Conception Church. \$8 corn chowder or \$10 fish chowder. Meal includes roll, dessert, tea/coffee. Children under 12 eat free. Take out available – pick up only. Please note, on April 19<sup>th</sup> (Good Friday) from 4:30 – 6:30 p.m. there will be a \$10 meal including fish pie, salad, roll, dessert and tea/coffee.

**Colchester Food Bank Open House** – March 21<sup>st</sup> from 2:00 – 4:00 p.m. and 6:00 – 8:00 p.m. at their new location (580 Prince St., Truro). Come see the building that was constructed to help fill the empty plates of your neighbours in need. Ribbon cutting at 3:00 p.m. Tours will be given.



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## First Sunday in Lent

March 10<sup>th</sup>, 2019

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Rector: Rev'd Lori Ramsey

Associates: The Rev'd Gary Yetman and The Rev'd Dorothy Tay



Wardens: Hazel Sherren and Neil Harris

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