

Following is the list of items the Pastoral Ministry Committee will be requesting for this year's **Christmas Index program**. Beginning on Sunday, Oct. 15th, each week we will be asking for two items and you are asked to bring in only one of them the following week. These items can then be deposited in our grocery cart. Any items left over after preparing our boxes will be donated to the Food Bank:

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| Sunday, October 15 ✓ | small can of vegetables (398 ml) small can of baked beans (398 ml) |
| Sunday, October 22 ✓ | can of soup (any kind) can of tuna |
| Sunday, October 29 ✓ | bottle of jam (500 ml) bottle of peanut butter (500 ml) |
| Sunday, November 5 ✓ | box of crackers (500 gr) box of cereal (500 gr) |
| Sunday, November 12 ✓ | can of juice (1.8L) small can of fruit (398 ml) |
| Sunday, November 19 | Package of cookies (454 gm) box of stove top stuffing |
| Sunday, November 26 | can of cranberry sauce/jelly box of tea bags (30 count) |
| Sunday, December 3 | 3 boxes Kraft dinner bag of Christmas candy (300 gm) |
| Sunday, December 10 | tub margarine (454 gm) |

Monetary donations toward the purchase of potatoes, turnips and carrots are also requested.

Note: Please remember to check the expiry dates on the items you give – the items will not be used until December and we are unable to distribute outdated items. We will also need re-usable (cloth) grocery bags for delivery.